

Locations

House Calls

Holsman Healthcare LLC - House Calls / Home Therapy

Phone: 973-457-4232/ 855-465-7626



Holsman Healthcare LLC / Home Therapy - House Calls

Phone: 973-457-4232 or Call 855-465-7626 for more information and to set up an appointment.

IN-HOME THERAPY

Don't let you or your loved one not get the care they deserve because they cannot leave their home.

Make an appointment today!

Holsman Healthcare LLC is a New Jersey registered and accredited home health care service firm by the Commission on Accreditation for Home Care (CAHC).

Welcome to Home Therapy LLC - House Calls NJ

Home Therapy LLC was established in 2005 and is distinguished for its comprehensive and effective range of geriatric physical therapy, occupational therapy, and speech therapy services provided in the home.

Our skilled and licensed Physical Therapists, Occupational Therapists and or Speech Therapists will go to your home, apartment or assisted living facility to provide medically necessary Therapy services. We work closely with your physician to ensure a coordinated care approach.

Everything we do is designed to contribute to your full recovery.

Services offered at Home Therapy LLC - House Calls

Physical Therapy

When physical impairments, injuries or limitations impact your quality of life, the physical therapists with Home Therapy - House Calls, New Jersey are there to help. Our full array of physical therapy services includes post-surgery rehabilitation, treatment of musculoskeletal issues, balance training, postural evaluation and neuromuscular re-education, gait training and vestibular rehabilitation to help people who are at risk for falls, therapeutic massage, gait training and ambulation issues, mobilization therapy focused on muscles ligaments and joints, and pain management.

Among the special therapeutic modalities we use to address pain issues are Therapeutic Exercise, Manual Therapy, Spinal/Joint Mobilization, Transcutaneous Electrical Nerve Stimulation (TENS) which sends small electrical pulses through the skin via electrodes being placed on the body needing treatment, Ultrasound, which sends high pitch sound waves through the body to produce gentle heat to muscles to reduce spasms, inflammation and pain, Laser, and hot/cold therapy. Heat is used to increase blood flow and relax muscles. Cold is used to reduce muscle pain, spasm and inflammation by slowing down circulation.

Occupational Therapy

When physical limitations threaten your independence and ability to care for yourself, do your work and enjoy your leisure activities, the occupational therapists with Home Therapy - House Calls New Jersey bring their expertise to help you.

We offer self-care evaluation and training, which involves teaching techniques and use of adaptive devices to improve your ability to bathe, groom, dress and feed yourself, get in and out of the bathtub, on and off the toilet and other specific and essential tasks.

We can assess your ability to do homemaking tasks and look at alternative ways of performing tasks to adapt to limitations. We work with cardiac patients on dealing with fatigue and finding ways to do essential tasks with limited energy, and teach strengthening and conditioning exercises. We also provide therapy to encourage fine motor task skills using small muscles and gross motor skills using the larger muscles.

Speech-Language Therapy

Our speech therapists assess speech, language, cognitive function and swallowing skills of designated patients at the Home Therapy - House Calls, New Jersey.

These areas include articulation, fluency, voice projection, receptive and expressive language disorders to determine an evidence-based treatment plan. We will work with dysphagia and other feed disorders that include problems eating, swallowing and drooling.

We will also provide audiological screening in which our speech therapist performs a short screen to determine if a full audiological assessment is needed.

OCCUPATIONAL & PHYSICAL THERAPY IN THE COMFORT OF YOUR HOME. we now serve Indiana, New Jersey and New York State.

Call 855-465-7626 for more information and to set up an appointment.

Interested in Home Physical Therapy and/or Occupational Therapy?

Holsman provides Physical & Occupational Therapy in the comfort of your home environment. Our primary focus is keeping you safe in your own home so you can live without worry of getting hurt! We are active supporters of Aging in Place and want you to maintain independence in your own home. Holsman provides you or your loved one with qualified services to increase independence and quality of life.

We also provide education for caregivers and companions to ease your mind and provide a support system. We have specialized knowledge on transferring, positioning and body mechanics to make the task of caregiving more manageable and safe. Our goal is to facilitate a functional environment for both the client and the caregiver.

Holsman offers home therapy services after short or long term illness, to accommodate your daily schedule and transportation limitations, as well as simply to assist you in living where you want to! With the combined skills of both physical and occupational therapists, Holsman will ensure that you or your loved one receives the best possible care.

Various in-home interventions include:

Transfer Training

Companion Training

Pain Management

Fall Prevention

Balance & Strength Training

Home Modification & Assessment for Tripping Hazards, Which Make Your Home "Unsafe"

1 on 1 attention from a therapist

See a therapist in 24 hours

No prescription needed

Insurance question? We can help!

Service Areas:

Belleville, NJ

Bloomfield, NJ

Caldwell, NJ

Cedar Grove, NJ

Clifton, NJ

Livingston, NJ

Montclair, NJ

Little Falls, NJ

Newark, NJ

Rahway, NJ

West Orange, NJ

Jersey City, NJ

Glen Ridge, NJ

Kearny, NJ

Lyndhurst, NJ

North Arlington, NJ

Fair Lawn, NJ

River Edge, NJ

Woodland Park, NJ

Elmwood Park, NJ

INSURANCE PLANS Accepted:

We accept Medicare.

All insurance with out-of-network benefits.

We will gladly call your insurance company to verify benefits for you.