

# Services

## Sports Physical Therapy

Playing sports, be it professionally or just for fun, offers a lot of benefits. But sometimes, sports and related activities can result in muscle and joint problems. And when these problems persist, they can impact not only your game, but your overall quality of life. So if you're suffering and think you might benefit from sports physical therapy, Holsman Physical Therapy & Rehab is here to help.

### Offering Treatment for Pain

At Holsman Physical Therapy & Rehab, we understand how frustrating it can be to live with persistent pain. That's why we strive to offer thorough and effective treatment. Whether you're a full-time athlete or have simply been pushing yourself too hard, we're available to evaluate your condition and recommend a personalized course of treatment.

Don't suffer with a sports-related injury when help is available. Call our office in Cedar Grove, NJ to schedule your appointment.

Make an Appointment

Request an Appointment

Close x

Your message was successfully sent. Thank you for your time.

Date and time

First name

Email

Phone

We will call you soon to discuss availability.